



FELDENKRAIS TRAINING PROGRAM

MILANO-LEVICO 7 INTERNATIONAL (2023-2026)

Year 1, Segment 1 (1st August 2023 – 31st August 2023)

Trainers: Mara Fusero & Scott Clark

Location: Levico Terme

Day	Hours	Trainer
Tuesday 1 st August 2023	13:30 – 19:00	Mara Fusero
Wednesday 2 nd August 2023	10:00 – 13:00 / 14:30 – 16:30	Mara Fusero
Thursday 3 rd August 2023	10:00 – 13:00 / 14:30 – 16:30	Mara Fusero
Friday 4 th August 2023	10:00 – 13:00 / 14:30 – 16:30	Mara Fusero
Saturday 5 th August 2023	10:00 – 13:00 / 14:30 – 16:30	Mara Fusero
Sunday 6 th August 2023	9:00 – 14:30	Mara Fusero
Monday 7 th August 2023	Day Off	/
Tuesday 8 th August 2023	13:30 – 19:00	Mara Fusero
Wednesday 9 th August 2023	10:00 – 13:00 / 14:30 – 16:30	Mara Fusero
Thursday 10 th August 2023	10:00 – 13:00 / 14:30 – 16:30	Mara Fusero
Friday 11 th August 2023	10:00 – 13:00 / 14:30 – 16:30	Mara Fusero
Saturday 12 th August 2023	10:00 – 13:00 / 14:30 – 16:30	Mara Fusero
Sunday 13 th August 2023	9:00 – 14:30	Mara Fusero
Monday 14 th August 2023	Day Off	/
Tuesday 15 th August 2023	13:30 – 19:00	Mara Fusero
Wednesday 16 th August 2023	10:00 – 13:00 / 14:30 – 16:30	Mara Fusero
Thursday 17 th August 2023	10:00 – 13:00 / 14:30 – 16:30	Mara Fusero
Friday 18 th August 2023	10:00 – 13:00 / 14:30 – 16:30	Mara Fusero
Saturday 19 th August 2023	9:00 – 14:30	Mara Fusero
Sunday 20 th August 2023	Day Off	/
Monday 21 st August 2023	13:30 – 19:00	Scott Clark
Tuesday 22 nd August 2023	10:00 – 13:00 / 14:30 – 16:30	Scott Clark
Wednesday 23 rd August 2023	10:00 – 13:00 / 14:30 – 16:30	Scott Clark
Thursday 24 th August 2023	10:00 – 13:00 / 14:30 – 16:30	Scott Clark
Friday 25 th August 2023	9:00 – 14:30	Scott Clark
Saturday 26 th August 2023	Day Off	/
Sunday 27 th August 2023	13:30 – 19:00	Scott Clark
Monday 28 th August 2023	10:00 – 13:00 / 14:30 – 16:30	Scott Clark
Tuesday 29 th August 2023	10:00 – 13:00 / 14:30 – 16:30	Scott Clark
Wednesday 30 th August 2023	10:00 – 13:00 / 14:30 – 16:30	Scott Clark
Thursday 31 st August 2023	9:00 – 14:30	Scott Clark

Training location: PalaLevico: Viale Lido, 4, 38056 Levico Terme TN, Italy