

*Centro Feldenkrais ASCD invites you to attend the III year of the Feldenkrais Professional
Training Program Milano-Levico 4*

Training vacation in the mountains of Northern Italy

- THE EVOLUTION OF MOTION -
...20 days to evolve with the Feldenkrais Method...

August 1th to 22th, 2013
Italy-Levico Terme (Region of Trentino-Dolomites)

A special program created by Dr. Frank Wildman. Participants will explore Awareness Through Movement Lessons addressing the origins of propulsion on the planet as well as the origins of structure and function. This program will focus on the development of human movement from infancy to aging.

Our most personal capacities to move, feel and think are related to hidden evolutionary mechanisms. Through exploratory movement laboratories we will discover how human motion and human awareness arose together through both persistent environmental pressures and rapidly increasing choices in sexual selection.

Newcomers to the Feldenkrais method may find it an interesting introduction to the breath and depth of the method. This program promises to make abstract ideas a very moving experience.

N.B. these days can be used as make-up material

Senior Trainer



Doctor Frank Wildman

Bridging the fields of biology and the psychology of motion, Dr Wildman is internationally known as a Feldenkrais trainer, lecturer and writer. Dr Wildman's life-long passions in the study of evolution, movement arts and somatic psychology and his exceptional talents as a practitioner, have culminated in a rich and profound body of work. He is former president of the Feldenkrais Guild of North America and formulated the Standard of Practice, which serve as the defining guidelines for the Feldenkrais Method internationally. <http://www.feldenkraisinstitute.org>

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Trainer and Organizer



Doctor Mara Fusero - Centro Feldenkrais ASCD di Milano

Dott. Fusero Feldenkrais Trainer, holds degrees in physiotherapy and psychologist, she attend all the Training Program, assure didactic continuity and collaborating to the students' learning process.

<http://www.feldenkraismovimento.it/>

Where and When



1 - 22 August 2013

Levico Terme - Italy

Centro Sportivo di Levico Terme - Piazza Generale Dalla Chiesa.

Levico Terme belongs to the province of Trento - Region of Trentino, near to the Dolomiti mountains – North Italy. It's a small thermal town that lies on a beautiful lake and offers many entertainments, from spa to sport. In this place you won't need a car. It requires only 20 minutes by foot to get from end to end of Levico.

Timetable 10,00 a.m/4,30 p.m

Cost

45,00 euros per day

(discounted price if attending 6 or more days)

Language: all lessons will be in English, with Italian translation

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We kindly ask you to pay the above amount to the follow account:

CENTRO FELDENKRAIS A.S.C.D.
IBAN: IT84 B030 6909 4656 1200 5694 180
SWIFT: BCIT IT 33 109

Please, put this reason of payment: **"FRAZIONE DI QUOTA ASSOCIATIVA"**
This is very important, **unless we will have to charge the VAT tax to you (20%)**.
Please bear the words: OUR, which means that the cost are charged to the sender.
Above rates does not include accommodation and board.

P.S.: if you think that this message is suitable for someone else, please send it to them. I will be grateful to you.